



***** RESEARCH STUDY *****

Experience of Adults with Stroke Attending a Peer-led Support Group

Principal Investigator:

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To whom it may concern,

Researchers from University of British Columbia and GF Strong are undertaking a study to better understand the experience of attending the BLAST (Building Life After Stroke Together) program. The research team would like to understand why individuals choose to participate in the BLAST program, the strengths of the program, and possible areas for improvement. You are being contacted and invited to participate in this study because you are a member of the BLAST program, and will provide important information.

What does the study involve?

Your involvement consists of completing an interview and a survey.

The interview will take 30 minutes to 1 hour and will ask you about:

- Why you attend BLAST
- What you like about BLAST
- How BLAST could be improved

The survey will take about 15-20 minutes will ask about your:

- Demographic data (Example: age).
- Issues related to your injury/condition
- How long it has been since you have experienced your injury/condition
- Your experience attending BLAST

The interviews will be conducted over video chat (Zoom) or over the phone, based on what you prefer. The interviews will be audio-recorded with your permission. You can complete the survey during the interview with a research team member or following the interview through an online platform (Qualtrics). When completing the interview and survey, rest breaks may be taken at any time. In addition, you do not have to answer any questions you feel uncomfortable answering.

Who can participate in this study?

You are eligible to participate in this study if you: are a member of the BLAST group; Are 19 years or older in age; Are able to provide informed consent; Have experienced one or more strokes; Are able to speak English.

Study Results:

The results of this study will be presented to students, faculty and researchers associated with the UBC Master of Occupational Therapy program. We will also try to publish the results. If you would like to receive a copy of the research results, please provide contact information on the consent form. The data may also be used as secondary data for future studies in this area.

For more information or to participate in this study, please contact the student researchers Carmen and Katlyn at cbenniso@student.ubc.ca.

Sincerely,
Dr. Julia Schmidt